



# November 2024

## MIDDLE / HIGH SCHOOL

### BREAKFAST / LUNCH MENU

LTO:  
NOV. 6 - 7  
**FALL BRUNCH PLATE WITH PUMPKIN PIE SPICE**

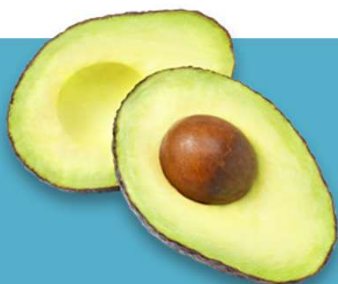
OFFERED DAILY:  
Fresh Fruit  
100% Juice  
Chocolate Milk  
White Milk  
Salad Bar  
Sandwiches  
Premade Salads

All Lunches  
Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% Low-Fat  
Milk

Powering  
potential.

MON	TUES	WED	THURS	FRI
				<b>Breakfast</b> – MAPLE 1 HAM FLATBREAD <b>Lunch</b> – BUZZER BEATER BASKET BUFFALO CHICKEN PIZZA COOKED BROCCOLI APRICOT HALVES
<b>Breakfast</b> – WARM 4 APPLE FRUDEL <b>Lunch</b> – BAKED LASAGNA SRIRACHA BURGER MASHED POTATOES WITH GRAVY MIXED FRUIT	 5	<b>Breakfast</b> – EGG 6 AND CHEESE MUFFIN <b>Lunch</b> – FALL BRUNCH PLATE POPCORN CHICKEN PEAS & CARROTS DICED PEACHES	<b>Breakfast</b> – TOP 7 BLUEBERRY MUFFIN <b>Lunch</b> - NACHO BAR FALL BRUNCH PLATE STEAMED BROCCOLI WARM CINNAMON APPLES	<b>Breakfast</b> - 8 BOSCO STICK <b>Lunch</b> – SPICY POPCORN CHICKEN BARBECUE CHICKEN SRIRACHA PIZZA COOKED CARROTS HALVES APRICOTS
 11	<b>Breakfast</b> - 12 SAUSAGE MUFFIN <b>Lunch</b> – TACO BAR MINI CORN DOGS SLICED CARROTS DICED PEARS	<b>Breakfast</b> – TATER 13 TOT EGG TACO <b>Lunch</b> – POPCORN CHICKEN BOWL CHICKEN TENDERS BAKED BEANS DICED PEACHES	PANCAKE STICK 14   FRIENDSGIVING	<b>Breakfast</b> - HAM & 15 CHEESE BAGEL <b>Lunch</b> – GRILLED CHEESE PEPPERONI PIZZA HAWAIIAN PIZZA GREEN BEANS APRICOT HALVES
<b>Breakfast</b> – EGG & 8 CHEESE MUFFIN <b>Lunch</b> – BARBECUE PORK SANDWICH CHICKEN NUGGETS KICKIN' PINTO BEANS MIXED FRUIT	<b>Breakfast</b> – 19 FRENCH TOAST <b>Lunch</b> – TACO BAR CHICKEN TENDERS ROASTED CARROTS DICED PEARS	<b>Breakfast</b> – EGG 20 BACON CHEESE FB <b>Lunch</b> – CHICKEN ALFREDO PENNE CHIPOTLE BURGER MIXED VEGGIES DICED PEACHES	<b>Breakfast</b> – 21 SAUSAGE MUFFIN <b>Lunch</b> – NACHO BAR JALAPENO CHEESEBURGER CORN APPLESAUCE	<b>Breakfast</b> - SSG 22 PANCAKE BITES <b>Lunch</b> – SPICY POPCORN CHICKEN FULLY LOADED PIZZA COOKED BROCCOLI APRICOT HALVES
<b>Breakfast</b> – 25 CHICKEN PATTY MUFFIN <b>Lunch</b> – SLOPPY JOE CHICKEN TENDERS SLICED CARROTS MIXED FRUIT	<b>Breakfast</b> – 26 BOSCO STICK <b>Lunch</b> – TACO BAR HOT DOG GREEN BEANS DICED PEARS	 27	28 <b>Thanksgiving Break</b> <b>No School</b>	29

Menus are subject to change.



BREAKFAST CEREAL:  
Monday-Cheerios; Tuesday-Cinn Toast;  
Wed-Trix; Thursday-LuckyCharms;  
Friday-Cocoa puffs  
ALL ITEMS SERVED ARE WHOLE GRAIN



This institution is an equal opportunity provider.



OFFERED DAILY:  
White Milk

ALL ITEMS SERVED ARE WHOLE GRAIN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NOV. 1<sup>ST</sup> – SANDWICH DAY

NOV. 12<sup>TH</sup> – MACARONI & CHEESE DAY

NOV. 14<sup>TH</sup> – FRIENDSGIVING MEAL

**BREAKFAST** 1  
MINI STRAWBERRY  
CHEESE BAGEL  
**LUNCH**  
HAM/CHZ SANDWICH  
APPLE WEDGES  
COOKED BABY  
CARROTS

**BREAKFAST** 4  
BAGEL WITH JELLY

**LUNCH**  
CHICKEN PATTY  
SLIDER  
MASHED POTATOES  
MIXED FRUIT



**BREAKFAST** 6  
EGG BAGEL

**LUNCH**  
CHEESEBURGER  
PEAS / CARROTS  
DICED PEACHES

**BREAKFAST** 7  
BLUE MUFFIN TOP

**LUNCH**  
FRENCH TOAST WITH  
SAUSAGE PATTIES  
COOKED BROCCOLI  
WARM CINNAMON  
APPLES

**BREAKFAST** 8  
BOSCO STICK

**LUNCH**  
CHEESE PIZZA  
APPLE WEDGES  
COOKED BABY  
CARROTS



**BREAKFAST** 12  
APPLE FRUDEL

**LUNCH**  
MACARONI & CHEESE  
SLICED CARROTS  
DICED PEARS

**BREAKFAST** 13  
WILD BLUEBERRY  
WAFFLE

**LUNCH**  
POPCORN CHICKEN  
BOWL  
BAKED BEANS  
APPLE WEDGES

**BREAKFAST** 14  
EGGO WAFFLE

**LUNCH**  
FRIENDSGIVING  
MEAL  
FRUIT JUICE

**BREAKFAST** 15  
PANCAKE BITES

**LUNCH**  
CHEESE PIZZA  
GREEN BEANS  
FRUIT JUICE

**BREAKFAST** 18  
FRENCH TOAST

**LUNCH**  
TACOS  
KICKIN' PINTO BEANS  
ORANGE WEDGES

**BREAKFAST** 19  
BLUEBERRY MUFFIN  
SQUARE

**LUNCH**  
HAM AND CHEESE  
SANDWICH  
ROASTED CARROTS  
FRUIT JUICE

**BREAKFAST** 20  
SAUSAGE MUFFIN

**LUNCH**  
EGGS AND PANCAKE  
BITES  
MIXED VEGGIES  
SLICED PEACHES

**BREAKFAST** 21  
CINNI MINI

**LUNCH**  
CHICKEN TENDERS  
WAFFLE FRIES  
APPLESAUCE

**BREAKFAST** 22  
SAUSAGE PANCAKE  
BITES

**LUNCH**  
CHEESE PIZZA  
COOKED BROCCOLI  
FRUIT JUICE

**BREAKFAST** 25  
GOLDFISH  
STRING CHEESE

**LUNCH**  
GRILLED CHEESE  
SLICED CARROTS  
FRUIT JUICE

**BREAKFAST** 26  
BOSCO STICK

**LUNCH**  
CHICKEN PATTY  
GREEN BEANS  
BANANA



**Thanksgiving Break  
No School**



OFFERED DAILY:  
Chocolate Milk – White Milk

ALL ITEMS SERVED ARE WHOLE GRAIN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NOV. 1<sup>ST</sup> – SANDWICH DAY

NOV. 12<sup>TH</sup> – MACARONI & CHEESE DAY

NOV. 14<sup>TH</sup> – FRIENDSGIVING MEAL

**BREAKFAST** 1  
BREAKFAST ROUND  
**LUNCH**  
A-CHEESE PIZZA  
B-PEPP PIZZA  
C-PBJ  
SPINACH SALAD  
APRICOT HALVES

**BREAKFAST** 4  
BAGEL WITH JELLY  
**LUNCH**  
A-CHICKEN PATTY  
B-HOT DOG  
C-PBJ  
BAKED BEANS  
MIXED FRUIT



**BREAKFAST** 6  
EGG/CHZ MUFFIN  
**LUNCH**  
A-TURKEY SAND  
B-PRET/YOGURT  
C-PBJ  
PEAS/CARROTS  
DICED PEACHES

**BREAKFAST** 7  
BLUE MUFFIN TOP  
**LUNCH**  
A-FRENCH TOAST  
B-HAM/CHZ SAND  
C-PBJ  
DICED CARROTS  
WARM CINN APPLES

**BREAKFAST** 8  
CINNAMON ROLL  
**LUNCH**  
A-CHEESE PIZZA  
B-PEPP PIZZA  
C-PBJ  
ROASTED BROCCOLI  
APRICOT HALVES



**BREAKFAST** 12  
CHICKEN WRAP  
**LUNCH**  
A-MAC & CHEESE  
B-CHICKEN TENDER  
C-PBJ  
BAKED BEANS  
FRUIT JUICE

**BREAKFAST** 13  
TATER TOT TACO  
**LUNCH**  
A-POPCHK BOWL  
B-CHZ PIZZADILLA  
C-PBJ  
FRESH BROCCOLI  
DICED PEACHES

**BREAKFAST** 14  
PANCAKE STICK  
**LUNCH**  
A-FRIENDSGIVING  
MEAL

**BREAKFAST** 15  
PANCAKE BITES  
**LUNCH**  
A-CHEESE PIZZA  
B-PEPP PIZZA  
C-PBJ  
MIXED VEGGIES  
APRICOT HALVES

**BREAKFAST** 18  
EGG CHEESE MUFFIN  
**LUNCH**  
A-CHZ QUESADILLA  
B-TACO  
C-PBJ  
REFRIED BEANS  
MIXED FRUIT

**BREAKFAST** 19  
FRENCH TOAST  
**LUNCH**  
A-CORN DOG  
B-HAM/CHZ SAND  
C-PBJ  
TATER TOTS  
DICED PEARS

**BREAKFAST** 20  
SAUSAGE MUFFIN  
**LUNCH**  
A-PANCAKE BITES  
B-CHICKEN PATTY  
C-PBJ  
GREEN BEANS  
SLICED PEACHES

**BREAKFAST** 21  
BAGEL WITH JELLY  
**LUNCH**  
A-CHK ALFREDO  
B-HOT DOG  
C-PBJ  
SLICED CARROTS  
APPLESAUCE

**BREAKFAST** 22  
BREAKFAST ROUND  
**LUNCH**  
A-CHEESE PIZZA  
B-PEPP PIZZA  
C-PBJ  
FRESH BROCCOLI  
APRICOT HALVES

**BREAKFAST** 25  
GRAPE CRESCENT  
**LUNCH**  
A-GRILLED CHEESE  
B-POPCORN CHK  
C-PBJ  
COOKED BROCCOLI  
MIXED FRUIT

**BREAKFAST** 26  
BOSCO STICK  
**LUNCH**  
A-CHZ PIZZADILLA  
B-CHICKEN PATTY  
C-PBJ  
WAFFLE FRIES  
DICED PEARS



**Thanksgiving Break**  
**No School**